

YOUR PERSONAL CAREER COACH!

Monday, October 13th, 2014 at 12:00 p.m. Science bldg 607 - LAU Byblos

Session 1: 12- 12.50 pm

- 1. Cv writing and cover letter.
- 2. Interview tips (questions, answers, body language, etc.)

Session 2: 1-1.50 pm

- **3.** What are the factors that contribute to the choice of career (summer jobs, internships, part time jobs, etc.)
- 4. Importance of summer jobs or part time jobs during education

About the speaker:

Roula Saba Mouhanna is the founder/manager of Career Counseling & Coaching Ltd., a practice focused on supporting individuals and organizations alike in achieving their full potential. Roula is a PCC certified coach and her coaching experience is broad and covers career guidance job fulfilment, leadership and personal development, and work-life balance. She also facilitates workshops and corporate coaching programs for managers to become better leaders. The Birkman method she uses is a tool that is an effective and efficient way to accelerate the movement towards self-awareness, self-management and personal development



For more information, contact: The Dean Of Students Office Career Guidance Ext. 2350 rana.sakr@lau.edu.lb